



**5 WAYS ETHICAL  
BEHAVIOR CAN  
CHANGE THE  
WORD**

# What do these terms mean?

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# **Ethics**

The study of standards  
of right or wrong behavior.

# Morals

Having to do with  
right or wrong conduct.

# Value

That which has intrinsic worth,  
or a principle, standard or quality  
that is worthwhile.

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**At its core,  
Ethics is  
about  
relationships.**

**Decision-making about ethical dilemmas is difficult and complex because it has an impact on and is affected by relationships we have with others.**





**Our quality of life is  
being shaped continuously  
by the ethical behavior of those  
with whom we live and work.**



**Ethical decision-making is inherent in improving the lives of individuals, families, the workplace and communities.**



# **Framework of Ethics**

- **Ethic of Justice** – Fairness & Equity
- **Ethic of Care** - Accountability
- **Ethic of Critique** – Social Inequities  
NIMBY
- **Ethic of Profession** – Personal  
Growth & Sense of Community

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# Promotes Fairness & Equity

- Ethical practices ensure that all individuals are treated fairly and equitably, regardless of their background, race, gender, or social status. When we promote fairness and equity, we create a more just and inclusive society.
- Don't show favoritism within in your communities.
- It's why GARR wants you to have a 6 month separation of support staff

# Fosters Trust & Accountability

- Ethical practices promote trust and accountability in relationships between individuals, organizations, and society at large. When we hold ourselves and others accountable for our actions, we build trust, strengthen relationships, and create a more trustworthy and reliable world.

Recovery Residences require accountability. It's why people come to our programs whether they want to admit it or not. My life is unmanageable and I need help managing my life. If someone does not believe that, and some don't when they show up, but our job is to lovingly show that, in fact it is unmanageable and, if you want help managing your life, we are here to help you. If they don't, then it becomes very obvious that they are not ready and so ethically, for your community and to give someone else a chance to recover you should part ways. Holding on to a resident past a certain point is harmful to them and your community.

# Encourages Sustainable Development

- Ethical practices encourage sustainable development. When we adopt ethical practices in our businesses and personal lives, we contribute to building a more sustainable world for future generations.
- This is how we fight NIMBY and raise our heads and shoulders from the shadows of our communities. **IT'S THE ONLY WAY** and this is why it is so important to participate and be held accountable by a community such as GARR and the greater Recovery Community. **ITS VITAL TO OUR EXISTENCE AND THE LIVES OF COUNTLESS PEOPLE COUNT ON HOW WE HANDLE OURSELVES RIGHT NOW. FUTURE GENERATIONS DEPEND ON US – RIGHT NOW.**

# Enhances Personal Growth & Well Being

- Ethical practices can enhance personal growth and well-being by promoting self-awareness, empathy, and compassion. When we engage in ethical practices, we become more mindful of our actions, and we develop greater empathy and compassion for others. This can lead to greater personal satisfaction and happiness.

This is exactly what Recovery Residences are for. To help an individual recover from harmful behaviors and transition back to a self-supporting life as a productive member of their family and society



# **Fostering A Sense of Community**

Ethical practices can help foster a sense of community within sober living communities. This includes encouraging residents to build supportive relationships with one another, promoting volunteerism and community service, and creating opportunities for residents to come together and celebrate their successes.

# NARR Code of Ethics – PG 1

- 1. Assess each potential resident's needs, and determine whether the level of support available within the residence is appropriate. Provide assistance to the resident for referral in or outside of the residence.
- 2. Value diversity and non-discrimination.
- 3. Provide a safe, homelike environment that meets NARR Standards.
- 4. Maintain an alcohol- and illicit-drug-free environment.
- 5. Honor individuals' rights to choose their recovery paths within the parameters defined by the residence organization.
- 6. Protect the privacy and personal rights of each resident.
- 7. Provide consistent and uniformly applied rules.
- 8. Provide for the health, safety and welfare of each resident

# NARR Code of Ethics Pg2

- 9. Address each resident fairly in all situations.
- 10. Encourage residents to sustain relationships with professionals, recovery support service providers and allies.
- 11. Take appropriate action to stop intimidation, bullying, sexual harassment and/or otherwise threatening behavior of residents, staff and visitors within the residence.
- 12. Take appropriate action to stop retribution, intimidation, or any negative consequences that could occur as the result of a grievance or complaint.
- 13. Provide consistent, fair practices for drug testing that promote the residents' recovery and the health and safety of the recovery environment and protect the privacy of resident information.
- 14. Provide an environment in which each resident's recovery needs are the primary factors in all decision making.
- 15. Promote the residence with marketing or advertising that is supported by accurate, open and honest claims.

# NARR Code of Ethics PG 3

- 16. Decline taking a primary role in the recovery plans of relatives, close friends, and/or business acquaintances.
- 17. Sustain transparency in operational and financial decisions.
- 18. Maintain clear personal and professional boundaries.
- 19. Operate within the residence's scope of service and within professional training and credentials.
- 20. Maintain an environment that promotes the peace and safety of the surrounding neighborhood and the community at large.